Eve Broenland
SIMPLICITY EXPERT



THE OVERWHELM AND COMPLEXITY OF OUR ENVIRONMENT THREATENS OUR ABILITY TO OPERATE EFFECTIVELY. WE CAN AND NEED TO TAKE CONTROL. LET'S MAKE THE COMPLEX SIMPLE.

"Eve has the extraordinary ability to help you simplify your thoughts, decisions and actions. Her focussed and genuine approach will help you find your true clarity in a world dominated by distractions, misinformation, and too many choices."

Raymond Tang
TEDx speaker,
Technology Integration Manager @ Westpac

Simplicity Expert and author Eve Broenland supports busy professionals to rise above the overwhelm of modern life and simplify their environment from the inside out.

Eve provides systematic and pragmatic solutions to identify and manage everything that's blocking you from efficiency, performance and satisfaction. As a speaker, facilitator and coach her clients praise her for her encouraging positivity, clear approach and valuable insights.

Her Dutch heritage naturally makes her approach clear and direct. Her double Masters Degree in Environmental Science and Marine Biology has taught her to see how disruptions affect our lives. She also is a qualified traditional yoga teacher, co-owns a martial arts school and has extensively researched eastern philosophy, positive psychology and minimalism.

Referred to as the antidote to overwhelm, Eve's pragmatic three step process known as 'Unclogging' is the how-to for simplifying so individuals, teams and organisations can thrive.



"Eve has a powerful message which she delivers professionally. Not only relevant tangible takeaways that many will want to implement straight away but she delivers stories that engage and inspire. I highly recommend Eve as a powerful speaker for any event."

Sam Cawthorn
International best-selling author, CEO & Founder of Speakers Institute & Speakers Tribe

EVE BROENLAND



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LET'S MAKE THINGS SIMPLE

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"Life is really simple, but we insist in making it complicated"
- Confucius

Keynote - Unclogging

The antidote to overwhelm

Inspired by her first book, in this powerful keynote Eve addresses the issues we face these days with an overwhelming stream of information and options. Research indicates that this is growing exponentially, and therefore it's vital that we know how to navigate through this.

Through her personal anecdotes and environmental science expertise, Eve will share:

- The overwhelming impact the environment can have on you and how this affects you
- How to overcome the cycle of self-sabotage through 'Unclogging'
- 3 implementable steps to regain control of your life from the inside out

Masterclass - Rethink / Redo / Review

Equip and lead yourself for success

Knowing how to identify and manage complexity is an essential skill in our overwhelming environment. Following the three simple steps of Unclogging, participants will be given the opportunity to create a personal toolbox they can utilise in all areas of life to feel in control.

What will be covered in this practical and dynamic masterclass:

- An in-depth understanding into why simplicity is essential for you to operate effectively
- Being able to identify, eliminate and manage complexity in a systematic way
- Tools to create an environment that sets you up for success

Workshop - A simple environment

Manage yourself and your team from the inside out

Building your awareness of complexity is key. This workshop is designed to increase organisational performance through clearing a path to a streamlined work environment. Depending on our time together, we build the foundation to manage internal or external influences.

In this half, full or two day workshop Eve will provide:

- Strategies to unclog the most challenging complexity within your organisation
- Simplification for the individual, team, organisation or situation
- A personal management system to increase efficiency, productivity and engagement.

Coaching - Personalised simplicity

Know how to operate at your best

Through private coaching we work towards uncovering your unique talents, skills and beliefs and finding ways to implement these in your everyday life. The advantage from private coaching is that you get my undivided attention in a positive and encouraging environment. Let's make it simple.

Coaching will give you:

- Personalised tools to take control of your environment and mind
- Challenges and support to uncover what to let go of
- The full understanding of how to always being able to unclog